




## **CRITERIA PULL OUTS**

1. All NCCA NHS members **must always have their cameras on at all times in all classes and use their microphones** to communicate with teachers throughout the lesson.
2. You must **maintain and keep up-to-date** your **NCCA Community Service Portfolio** which you will submit to our NHS Canvas course **quarterly**.
3. You are required to **complete a total of fifteen (15) hours of volunteer service each academic semester (7.5 hours per quarter)**, totaling thirty (30) hours annually (which includes the additional 5 hours per year as an NHS member).
4. As an NHS member you **must seek approval from your NHS Chapter Adviser before beginning any type of service** so that your Chapter Adviser may confirm that the service falls under the acceptable criteria, i.e., **501(c)(3)** or **outreach**.
5. As NHS members, your **parents'/guardians' signatures are not acceptable** as service supervisors. **Acceptable signatures must be from the Service Coordinators** at the **501(c)(3) charitable organizations (or outreach)** you served who observe, supervise, and endorse your service. For example, if you are volunteering at a local library, the library's Volunteer Service Coordinator would be the one to sign off on your completed service.
6. Although Dr. Hina Sharma had previously approved your service hours for the NCCA graduation requirement, **now that you are an NHS member your NHS Chapter Adviser (Ms. Fajardo) will approve your hours through the lens of NHS' Pillar of Service, to ensure that your service is truly benefiting community-members-in-need through 501(c)(3) organizations or outreach, in a meaningful way that exemplifies the spirit of service--over and above what non-NHS members at NCCA might do.**
7. You will be **expected to diversify your service across different categories of need each quarter**. So start thinking about **public libraries, food banks, retirement homes, animal shelters, etc.** Through your NHS experience you will learn to serve in different categories to serve different areas of need (please refer to the United Nations Sustainable Development Goals ideas: [170 Daily Actions](#); [Activity Examples](#);

 [Community Service Ideas Handbook](#) and *always check with your Chapter Adviser to make sure that what you're choosing is okay.*)

8. Service Learning through NHS is ***not just*** volunteerism.
9. NHS Members' Service **Must Focus on the United Nations' 17 Sustainable Development Goals to Help Change Your Mindset.**
10. Service Learning hours **must be completed through a nonprofit 501(c)(3), government agency, or school.**
11. **FreeRice.com:** Please note that it is expected that NHS members ***limit their use of Freerice.com*** since the purpose of your NHS experience is to focus your service on your local/regional/state communities. FreeRice should be ***used as a last resort when other types of service are impossible and after getting approval*** from your Chapter Adviser.